



503-399-3163

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 No School	4 First Day Grades 1-5 FULL DAY 9:00-3:40	5	6
9 Kinder Smooth Start (Last names A-L)	10 Kinder Smooth Start (Last names M-Z)	11 First Day Kindergarten FULL DAY 9:00-3:40	12	13
16	17	18	19	20
23	24	25	26	27 Kennedy Pride Dress Up Day
30				

Respectful, Responsible, Safe, and Kind... that's the Kennedy Way!

Parents Fall Check-List

- ◇ Ask your child's teacher about the *Remind* App
- ◇ Turn in required paperwork- *emergency closure form, address/phone updates, volunteer background checks* (if you are looking to volunteer this year)
- ◇ Green Car pickup name tag with student name and classroom teacher
- ◇ Complete a google permission slip form (per teacher request)



Note from the Principal:

Dear Kennedy Families,

I hope you have enjoyed a summer filled with fun times and great memories. The Kennedy Staff is looking forward to another AMAZING school year working with your children! I am excited to announce most of our awesome staff are returning. Although we have a couple staff on parental leave for part of the year, we are adding only 1 new full-year licensed staff member this year: Mrs. Schmidt (PE). In addition, we are adding a new face to our office, Susana Morales Cardenas (office specialist/health assistant). We also have some outstanding new instructional assistants joining us. Our new staff are very excited to join the Kennedy Team!

We are happy to share ALL kindergarten classes are now moved from the portables to the inside of the school! We repurposed some space so only 2 classes will be in outside portables. I am also excited to announce that we acquired enough Chromebooks for every student to have a device at school! We will utilize this technology regularly with your student as we teach and prepare them to become technology literate.

We continue to work to provide excellent school-home communication. In that effort, we will be utilizing a communication tool called **Remind** this year. This will allow teachers to communicate with you or all families in their class through text message. We also have purchased brand-new take-home communication folders that will be sent with your child every Friday. Please be sure to check their backpacks for the take home folder each week.

As always thank you for your ongoing support! The Kennedy Staff appreciates you!

Sincerely,

Jesse Leonard, Principal



to the 2019-20 School Year!

Schedule

- **SCHOOL HOURS:** 9:00 AM —3:40 PM
- **Wednesday hours:** 9:00 AM– 12:45 PM
- **Dismissal is at 3:40 pm on the first day of school and the following Wednesday, September 11th**
- Doors open at 8:35 AM for breakfast
- Students may arrive no earlier than 8:30 AM
- Breakfast is served in the cafeteria for all grades

Parking lot

Drop off in the morning Please pull forward in front curb lane so students can get out of the car and walk to the front of the building.

- **Pickup after school** The front curb lane is reserved for parents who are picking students up in their car and they must remain in the vehicle. Please **pull all the way forward** and your students will be brought to you.
- **According to Police and Fire rules, cars are not allowed to use the center lane to pickup or drop off students. This lane is for traffic to drive through.**
- Spaces 1 -2 -3 and Handicap spaces are reserved

NO PARKING:

Please **do not** park in the loading zone. The loading zone is for **dropping off or picking up students only**. At dismissal time, if your child is not present-**please drive through and return**. Thank you for helping us to keep the parking lot **efficient and safe**.

Boys & Girls Club

The Club will be **CLOSED** during the first week of school!

The Club will **OPEN** on Monday **Sept. 9th**.

The hours for Monday, Tuesday, Thursday, and Friday are:

3:40 pm – 7:00 pm

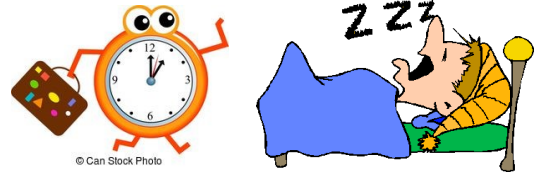
Wednesday hours are: **12:45 p.m. – 6:00 p.m.**



How much sleep should my child get?

Sleep is a vital need, essential to a child's health and growth. Sleep promotes alertness, memory and performance.

Children who get enough sleep are more likely to function better and are less prone to behavioral problems and moodiness. That is why it is important for parents to start early and help their children develop good sleep habits.



Children in elementary school need between 10 to 12 hours of sleep per night.

It is a good idea to have a bedtime routine. To ease the transition to bedtime, keep things quiet during the last hour before bedtime. Keep the TV out of your child's room. Put away noisy games and toys. Turn off the TV, computer and video games throughout the house. Dim the lights. Limit the entire family to quiet activities, such as reading books or doing puzzles. Sleep may be more appealing if everyone slows down before bedtime.

Parent Club



This group meets bi-monthly and wants you to know you are welcome and encouraged to attend. We would LOVE for you to be a part of our wonderful Parent Club!

Contact the school office with any questions at 503-399-3163

Translation is provided. Childcare is available at evening meetings. Our first meeting is Thursday, September 19th @ 9am & 4:15pm

Kennedy's School Website!

<http://kennedy.salkeiz.k12.or.us>

We will work to keep it filled with interesting information for you! Please check back often for updates!

Don't forget to "like us" on Facebook at Kennedy Wildcats



Kindergarten Smooth Start:

Students with last names beginning with **A-L** report to school on September 9

Students with last names beginning with **M-Z** report to school on September 10

Kindergarten:

ALL students report to school on Wednesday, September 11



Responsible, Safe, and Kind ... that's the Kennedy Way!



Wildcat's Healthy tips of the month!

The [Food Hero](#) featured food in September is the whole grain! A whole grain is “whole” because it contains all three parts of the grain: the germ, the endosperm and the bran. Whole grains are good for our health because they contain important vitamins, minerals and fiber. Eating enough fiber helps keep our digestive system working well, helps us stay full throughout the day and may reduce our risk of developing heart disease! The *2015-2020 Dietary Guidelines for Americans* recommend making *at least* half of the grains you eat each day whole grains.



So, what foods are whole grains? Any food made with grains can be whole grain, including bread, cereal, oatmeal, pasta, rice, tortillas and crackers. Important: Don't assume a loaf of bread or other food is whole grain because it's brown. Instead, check the *first ingredient* in the ingredients list. If the *first word* is “whole” as in “whole wheat” or “whole oats,” then it's a whole-grain food.

To start adding whole grains into your meals, try making Food Hero's [Carrot Pancakes](#), [Orange Rice Salad](#) or [Breakfast Pumpkin Cookies](#)! To learn more about whole grains and find many more great recipes, check out the September edition of the [Food Hero Monthly newsletter](#) and [foodhero.org](#)!

S Y N E R G Y P A R E N T V U E



Synergy ParentVUE is a tool to help families stay informed about their student's progress. This tool can be used to access your student's grades, attendance information, and also to communicate with teachers. Students will have access to the same information using Synergy StudentVUE.

HOW DO I GET MY PARENT VUE LOGIN INFORMATION?

Please contact your child's school.

CAN I USE THE SAME LOGIN FOR ALL MY KIDS AT SALEM-KEIZER?

Yes. Your ParentVUE login gives you access to information on all your kids enrolled at Salem-Keizer Public Schools. If you are not seeing one or more students with your login, it can be an indication of a duplicate record for you in the system. Please contact your student's school (the student you are unable to see in ParentVUE) to fix this issue.

HOW DO I LOGIN TO THE PARENT VUE/STUDENT VUE MOBILE APP?

To login to the free ParentVUE/StudentVUE mobile app, download the ParentVUE application if you a parent or the StudentVUE application if you are a student. When prompted to enter the district URL, enter <https://sis-portal.salkeiz.k12.or.us>. Then login with your username and password.

T R A N S P O R T A T I O N

In order to ensure that your children arrive safely at their school bus stop at the end of the day, **ALL** students in Kindergarten, 1st, 2nd & 3rd grades will wear transportation labels home during the entire month of September. These labels help staff identify students who will be riding the bus home so that staff can properly load busses at the end of each school day. Students that will be walking, getting picked up or going to daycare will also wear labels with this information.

Kindergarten students that ride the bus will only be released to a responsible adult at the bus stop. They are also able to walk home with an older sibling. Kindergarteners who are not met by an adult at the bus stop or do not have an older sibling to walk home with will be returned to the school at the conclusion of the bus route. Parents will be notified.

ALWAYS notify school office staff about any changes to your student's after school transportation arrangements.