

Kennedy Pawprints



2019 — 20 Schedule

- **SCHOOL HOURS:** 9:00 AM — 3:40 PM
- **Wednesday hours:** 9:00 AM– 12:45 PM
- Doors open at 8:35 AM for breakfast
- Students may arrive no earlier than 8:30 AM
- Breakfast is served in the cafeteria for all grades

Parking lot

Drop off in the morning. Please pull forward in front curb lane so students can get out of the car and walk to the front of the building.

- **Pick up after school** The front curb lane is reserved for parents who are picking students up in their car and they must remain in the vehicle. Please **pull all the way forward** and your students will be brought to you.
- **According to Police and Fire rules, cars are not allowed to use the center lane to pick up or drop off students. This lane is for traffic to drive through.**

Please **do not** park in the loading zone. The loading zone is for **dropping off or picking up students only**. At dismissal time, if your child is not present—**please drive through and return**. Thank you for helping us to keep the parking lot **efficient and safe**.

Kennedy's School Website!

<http://kennedy.salkeiz.k12.or.us>

We will work to keep it filled with interesting information for you! Please check back often for updates!

Don't forget to "like us" on Facebook at Kennedy Wildcats

Contact Us

Phone : 503-399-3163

Fax: 503-399-3463

4912 Noren Avenue NE

Keizer, OR 97303

- * December 5 Assembly
- * December 20 Crazy Sweater/Sock Day
- * December 23- January 3 Winter Break

Wildcat's Healthy tips of the month!



In December, the Food Hero featured food is split peas. Split peas can be either green or yellow. They are peas that are dried, peeled and split. Green or yellow split peas are a low-cost, healthy addition to many meals, as they are a good source of both dietary fiber and protein. With the chilly temperatures of winter upon us, try Food Hero's Split Pea Soup! It's a healthy, low-cost winter warmer. To find out more information about split peas, check out the December Food Hero Monthly at foodhero.org.

Battle of the Books



OBOB (Oregon Battle of the Books) will continue during school from 12:15-12:45 every Wednesdays through February. A permission slip must be turned in by December 6th. T-Shirts will be available for purchase for \$6. For more information, go to www.oregonbattleofthebooks.org.

Box Tops

Kennedy collects Box Tops in the Library. Box Tops are due December 7th. The class that brings the most gets a treat during library and the classroom teacher gets a new book for their class library. The next contest ends May 24th. Thank you for your support!



Hello Wildcat families!

We can't believe it is already December! With the weather changing, we have been seeing a lot of rain/snow/fuzzy boots in PE. We wanted to remind families how important it is to wear the correct shoes for PE. We understand that boots are often a necessity, especially during this time of year. If your children wear boots or shoes with heels to school, please make sure they bring a pair of tennis shoes as well. They are able to keep a pair in their classroom if that is helpful. Safety in the gym is our #1 priority and we want your kids to be successful.



Dear Kennedy families,

Please make sure your student is wearing weather appropriate clothing to school. Thank you.



Counselor Corner

Season's greetings, Kennedy families! I hope the winter weather finds you and your family happy and healthy as we reach the end of 2018. Every month, I go into every classroom to teach guidance lessons. These lessons cover many different topics, such as emotions, careers, bullying, and how to solve problems. I'll be teaching our problem-solving lessons in December and wanted to give you all an idea of what I teach so you can use it at home.

The problem-solving system we use at Kennedy is the Kelso's Choices Wheel. For big problems, such as someone getting hurt or sick, I teach students to immediately go tell an adult. For small problems, students have nine Choices they can use:

Tell Them to Stop, Ignore It, Walk Away, Wait and Cool Off, Apologize, Share and Take Turns, Make a Deal, Go to Another Game and Talk It Out.

I role-play with students to help them choose the best Choice depending on the situation. If students use two Choices and the problem still isn't solved, then they can go ask an adult for help. I also tell the students that these Choices aren't just useful in elementary school; they can use these same Choices to solve problems at the park, the grocery store, or even at home, from now until they are adults themselves. (Students are shocked when I tell them that even adults have to apologize when we make mistakes!) Ask your child about Kelso's Choices and have them teach you all about it!

